

# Transilvania University of Braşov, Romania

## Study program: Social Assistance

### Faculty: Sociology and Communication

### Study period: 3 years, bachelor

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Introduction to Psychology	Inpsh01	5	1	2	-	-

#### Course description (Syllabus):

The way of psychology towards the science status; The psychic- the object of study in psychology; Research methods in psychology; The dynamic structural levels of the psychic; Sensitive psychic processes; Intellectual psychic processes; Regulator psychic processes; Psychic activities; Communication; The personality system.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Applied Informatics for Social Sciences	Inf01	3	1		1	

#### Course description (Syllabus):

Information, communication and society - modern communication in democracy digital space; Computer use: General and basic architecture. Presentation of most used software and system applications for Social Work use; Methods and techniques of academic written materials. Norms and rules of scientific writing; Using and building schemes (Figures); Using and constructing tables; Using and building graphics; Building a database in Microsoft Excel; Building a database in SPSS; Internet applications - from Web 1.0 to Web 2.0.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Introduction in Social Work	Fas01	5	2	2	-	-

#### Course description (Syllabus):

Social work - general issues; Needs and resources in social work; Social work - historically evolution; Relationship of social work; Interdisciplinary and theoretical models in social work; Values and ethics in social work; Process of intervention in social work; Types and systems of services in social work.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Law in Social Assistance	Dias01	4	2	1		

#### Course description (Syllabus):

The concept of state – introduction; Types of government and political regimes; Democracy and human rights; The theory of law – introduction; The concept of law; The concept of natural person; The civil capacity of natural person; The legal responsibility; The legal status of « juvenile delinquent »; Basic notions on family law; Some applied notions by the Labour Law on certain vulnerable social groups. A case study – Part 1; Some applied notions by the Labour Law on certain vulnerable social groups. A case study – Part 2.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Introduction to Sociology	Inso01	5	2	2	-	-

#### Course description (Syllabus):

Introductory course: the question of knowledge and sociological paradigms; The question of truth. Prediction, prophecy, imputation and attribution; the question of discourse; On theory of exchange; social and economic exchange, theory of value, money and "gift"; Cooperation – competition; game-theory; on trust; Conflict: functions of

conflicts; typology of conflicts; strategies to solve conflicts; Conformity and submission; innovation and social rituals; the question of deviance; stigma and the abnormal; the question of norm; socializing – general elements; Coercion; politics; violence; Power, domination and authority; Weber and Foucault.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Human Development	Dezvu02	4	2	1	-	-

**Course description (Syllabus):**

Development: Psychological development; Socialization; Inheritance, environment, education. Personality: Types, inheritance components; Preamble psycho-analytic, Models of stage development: Cognitive development (J. Piaget); Psycho-sexual development (S. Freud); Psycho-social (E. Erikson); Psycho-moral (L. Kohlberg). Stress and Personality: Causal model and stimulus theory – critical events, chronic stress, PT stress; Strategies for stress coping.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Academic Writing	Sacad01	2	1		2	

**Course description (Syllabus):**

Academic Writing is a course focused on familiarising students with the current standards regarding how to draft, present and/or publish various types of academic papers. This course entails an approach that will allow students to attain a greater level of understanding and proficiency in writing an academic text. More specifically, this course includes relevant information and skills about the authoring process related to all the stages of producing a finished piece of text: (1) the types of academic documents; (2) envisaging what to write; (3) planning the text in outline; (4) drafting passages; (5) writing the whole text; (5) revising and rewriting it; (6) finishing the academic document in an appropriate form, together with publishing all of it or parts of the text. A particular attention is given to the accuracy of authoring, which includes but is not limited to: (a) considerations regarding the writing style; (b) the correct editing of bibliographic references; (c) the measures needed to avoid plagiarism; (d) the principles of representing data, tables and graphics.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Social Demography	DemSO02	4	2		2	

**Course description (Syllabus): – main issues (no more than 10)**

Population: A Systems Approach. Information sources in Demography. Analysis of World Population trends. Theories of population growth. Indicators for population dynamics. Population growth models. Demographic processes. Analysis of demographic phenomena: Mortality, Birth, Marriage, Divorce. Migration phenomena in Romania and worldwide. Theories of migration phenomena.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Social Research Methods and Techniques I	Mtcs02	5	2	2		

**Course description (Syllabus):**

Scientific knowledge, sources of knowledge, why do we need scientific research?, types of social research, scientific research versus qualitative research; qualitative research characteristics, qualitative research steps, qualitative research objectives; qualitative research types: case study, narrative research, ethnographic research, visual research; qualitative data collection: observation, interview, social documents; qualitative data analysis: coding procedures; theoretical sampling, theoretical saturation; grounded theory, story telling; evaluation of qualitative research.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Social Psychology	Psihs02	4	2	2	-	-

**Course description (Syllabus):**

Subject, Brief history, Nowadays trends, methodological references; Self definition and social identity; Self, social self, psychological self, Psycho-analysis approach, Social identity, social categorization, Depersonalization and social identification; Attitude and behavior; The concept of attitude, Convergence attitude – behavior; Divergence attitude – behavior; The change of attitudes; The mechanism of persuasion; Spontaneous attitude changes and cognitive reorganization; The group as psycho-sociological formation; The lecture of small and middle group, Relation of status-role; Gender stereotype; Incongruence Sex–Gender, Gender stereotype. General content; Pro-social and antisocial behavior; Altruism and pro-social behavior, Aggressiveness and antisocial behavior.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Theories and Methods in Social Work	Tmas02	5	2	2	0	0

**Course description (Syllabus):**

The main topics presented in the course are: The importance of relation between theory and practice in social work, A taxonomy of social work theories, The functionalist paradigm, The interpretivist paradigm, The structuralist paradigm, The radical humanist paradigm. The main topics presented in the seminars are: The systems theory, The ecological systems theory, The behaviorist learning theories, The solving problems approach, The crises intervention approach.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Sociology of Family	Sfam02	4	2	1	-	-

**Course description (Syllabus):**

Sociology of Family - introductory issues;. Psycho-social prerequisites in the process of partner choice;. Statuses, roles and role expectations in family;. Power and decision making in the family;. Distribution of domestic tasks;. Family planning;. Satisfaction and dissatisfaction in family life;. Divorce;. Nonmarital alternatives in the contemporary world;. Family's future.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Critical Thinking	Gancr02	3	2	2		

**Course description (Syllabus):**

This course is envisioned to improve the students' critical thinking. It aims to familiarise the students with the issues, concepts, theories and methods specific to the processes associated with argumentation. Drawing upon the theoretical background of Formal Logic, Rhetoric and Philosophy, the course emphasizes both the similarities and the differences between these academic fields and Critical Thinking. It approaches the multiple facets of argumentation, which in itself is considered to be a sociocultural, intellectual and verbal process. This course entails juxtaposed examinations and narratives regarding the structure of the argumentation. It also reviews the various types and techniques of argumentation. Another topic of interest is represented by the role of language and cultural variation in argumentation. Moreover, the course includes multiple exercises and applications correlated to these examinations. Critical Thinking is also a course focused on emphasizing the various types of fallacies and on highlighting the methods to avoid sophistry in various contexts. In the activities entailed by this course, the students have the opportunity to problematize, make conjectures and understand how theories are developed.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Ethics and Academical Integrity	EIAO2	3	1	1	-	-

**Course description (Syllabus):**

Typology of scientific works. The relevance of ethics in scientific research: sources of error, conflicts of interest and intellectual property rights. Planning a scientific work. Organizing a scientific work. Principles of presentations and visual representations of research results. Accuracy of writing a scientific work. Technical aspects: citation and paraphrasing, bibliographic references, list of bibliographic references and bibliography. Citation systems: APA, Chicago/Tarubian, MLA, Oxford, etc. Plagiarism and self-plagiarism. Techniques for avoiding plagiarism. Completing a scientific work: Proofreading and publishing a text according to scientific codes of conduct.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
English	LE01/ LE02	2	1	1	-	-
French	LF01/ LF02					
German	LG01/LG02					
Spanish	LS01/LS02					

**Course description (Syllabus):**

Building the theoretical and practical knowledge to successfully practicing foreign language in written or oral communication contexts.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
System of social work	Sistas03	4	2	1		

**Course description (Syllabus):**

The principal aim of this course is an holistic description of the system of social protection in european and romanian context. It will be describe the next themes: The notions of system and social system, theories of social system, the system of social security with the both components - social ensurances and social work, the social services, organizations who offer social services, the social worker roles, the types of clients of the social work system, laws about social work system, the strategy of development of social work services.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Social Research Methods and Techniques II	Mtcs03	5	2			2

**Course description (Syllabus):**

Scientific research objectives; documentation; theoretical framework, choosing the reference theory; hypothesis: types, characteristics, function, dependent and independent variables; sampling procedures: probability and non-probability sampling, representative sample; operationalisation: concepts, dimensions, indicators, inductive and deductive operationalisation, indices construction; instruments: questionnaire – types of questions, types of answers, observation grid, interview guide, experiments; content analysis; secondary analysis; measure scales: cumulative, sumative, differential; validity and fidelity.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Introduction in social statistics	Stat03	4	2	2		

**Course description (Syllabus):**

Measurement problems in social sciences. Principles of sampling. Sampling procedures. Univariate data analysis: statistical indicators, tables, graphs. Hypothesis Testing. Bivariate data analysis.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Intervention techniques in social work	Tehn03	5	2	1		1

**Course description (Syllabus):**

This course is focuses on the main intervention methods and techniques specific to social work practice. Students learn about: individual, family and group counselling, observation, interview. Case management and task centred model are another subjects in this course. Students, also have opportunity to aply this techniques in their practice activity.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Introduction to Social Policy	lpol04	5	2	2	-	-

**Course description (Syllabus):**

Definitions and models of social policies; Historical perspectives upon social policies; Political system and social policy; Agents of social policy; Social problem analysis; Financing social policies.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Counselling in social work	Consil04	5	2	2		

**Course description (Syllabus):**

Concepts and definitions. Relationship between counselling and psychotherapy; Types of counselling; The counsellors profile and characteristics; The counselling process and stages; Counselling attitudes; Communication and listening skills; Intervention skills; Crises intervention; Child and adolescent counselling; Family counselling; Counselling family members for separation / divorce and grief; Group counselling.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Social work with disabled people	Asdiz04	5	2	2		

**Course description (Syllabus):**

In this course is presentate the main theoretical orientation in the field and the main categories of disability : physical disabilities, sensory and mental disability. Students can also learn about : school integration of children with CES, rights and obligations of disabled people and legislation aspects.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Problems of Groups in Risk	Pgrup03	5	2	2	-	-

**Course description (Syllabus):**

Majority, minority and marginal. Minority's rights. Discrimination and stereotypes. Social exclusion. Poverty as major social problem. Aggression and violence. Ethnicity and discrimination.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Social Marketing	MKS03	6	2	2		

**Course description (Syllabus):**

The role of marketing in the non-profit sector; Marketing objectives. Ethical aspects regarding marketing; Marketing environment; Understanding individual and organizational behavior from the marketing perspective; Marketing policies; Managing the marketing campaigns.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Psychotherapy	Psiho03	5	2	2	-	-

**Course description (Syllabus):**

Domain and historic of psychotherapy – object of study, chronology, principles, psychotherapeutic climate  
 Psychodynamic therapies; Psychoanalysis – techniques, mechanisms. Study case – Dora case; Short dynamic psychotherapies – mechanisms; Cognitive-Behavioral Therapy – techniques, assessment methods; Therapy of Anxiety; Therapy of Agoraphobia; Experience Psychotherapy; Client oriented Psychotherapy; Existential Psychotherapy; Experiential Psychotherapy of Child; Group Psychotherapies – principles, organization, mechanisms, typology; Psycho-Drama – history, typology, methodology; Personality of Psychotherapist.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Abuse and domestic violence	Abuz04	5	2	2		

**Course description (Syllabus):**

General issues on domestic violence; Types of abuse; Theoretical approaches on domestic violence; Causes of family violence; Effects of family violence; Typology and profile of the victim and abuser; Dynamics of violent relationships; Coping strategies of women and children victims of family violence; Obstacles hindering victims of abuse to end the violent cycle; National and international statistics on family violence; National and International regulations. Legislation on domestic violence in Romania; Integrative intervention in cases of family abuse. Institutions and networks acting in the field of domestic violence.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	Project
Antipoverty and social inclusion strategies	Stant03	5	2	2		

**Course description (Syllabus):**

This course is an holistic description to poverty, for understanding the poverty from many perspectives: economical, social, psychological, cultural, religious. At every meeting I will discuss about a particular side of poverty and the ways to manage it. The principal themes of these course are: the definitions of poverty, the types of poverty, the types of poor areas, the profile of poverty, the poor people and the work, survivor's strategies in poor areas, the health of poor people, the education of poor people, the families from poor areas, the social situation into the poor areas, relations between the poor people and the institutions, the homeless, antipoverty strategy in Romania, antipoverty programs who are offer in communities

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Human Rights and Antidiscrimination Strategies	Drept04	5	2	2	-	-

**Course description (Syllabus):**

Freedom and Justice – basic democratic values; Majority vs. Minority; Stereotypes and Prejudices; Discrimination (causes, forms of manifestation, and consequences); Tolerance and Activities to Promote Tolerance.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Cultural Mediation	Med03	5	2	2		

**Course description (Syllabus):**

Cultural Mediation is a course focused on developing the students' skills for identifying and solving various problems and challenges that might arise in intercultural contexts pertaining to social work. Cultural Mediation enables the understanding of the importance exhibited by cultural relativism when approaching other ethnic groups. This course entails multiple explanations of the sociocultural processes that take place in various contexts, using the strategies and terminology specific to anthropology and cultural studies. Furthermore, the course offers a plethora of perspectives regarding the dialogic relations between identity and alterity. Moreover, Cultural Mediation includes: (a) a review of the dimensions of globalization; (b) an examination of the various facets of multiculturalism; (c) an analysis of several theories from cultural studies and anthropology; (d) an assessment of the roles ascribed to cultural mediators, especially amid the dramatic rise in the number of migrants arriving in Europe in the last decade

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	Project
Coaching and supervision in social work	Coach03	5	2	2	-	-

**Course description (Syllabus):**

The course proposes to know and to apply in practice the concepts of coaching and supervision in social work through following themes: the need for professional development in social work, professional training in social field, effective combination of theory and field practice, coaching in the social field, mentoring in social work, general aspects of supervision, principles of supervision, supervision techniques and methods, supervision programs in social work.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Child and family social work	Asfam05	6	2	2		

**Course description (Syllabus):**

This course starts with a comparative analyses between *traditional* and *modern* family. Then, it presents the main theoretical orientation in the field, methodological principles and techniques of family social work. The course covers subjects such as: divorce, child ill-treatment and institutionalization. Also, the students can know the legislation and the social policies of the family and the child.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Health promotion	Prosa05	5	2		2	

**Course description (Syllabus):**

What is health and illness? Population Health Indicators. Macro level factors that influence the population health. Micro level factors that influence the population health. Theories that explain the health at individual level and healthy behaviors. Theories of persuasion public opinion useful in health promotion campaigns. Concepts of health promotion. The stages of health promotion campaign at community level. Health promotion campaigns in Romania.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Community Development	Dezv05	5	2	2		

**Course description (Syllabus):**

Social development paradigm; Sustainable development and culture-development paradigm; The concept of *community development*; Objectives, resources and strategies of community development; Community participation; Social capital; Solidarity and community action; Good practices in community development.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
The methodology of projects elaboration	Metpr05	4		2		

**Course description (Syllabus):**

This course is designed to teach student about how are write the projects funding (low budget projects). Thus, students will learn about the phases of macro-level intervention project, they will develop skills to write such projects and to find sources of financing for projects developed by them.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	Project
Management of social work services	Manag06	4	2			2

**Course description (Syllabus):**

This course discuss about an unknown area of social work: managemnt of social work.The principal themes of these course are: definitions of organizations and institutions of social work, functions of social work organizations, introduction in management, functions of management, taking the managerial decisions, managerial abilities, roles and competences, management of social services, supervision in social work, communication in manangement of social work, strategical management, marketing of social services, management of quality in social services, the manager like organizer.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Ethics	Etica06	4	2		2	

**Course description (Syllabus):**

Origins of ethics; Ethics in ancient times; Etics in the middle ages; Characteristics of modern ethics; Values of applied ethics; Family status and ethical norms; Abortion and ethical principles; Interpersonal relationships; Feminist ethics; Euthanasia issues; Public health; Environmental issues.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Applied (Cultural ) Anthropology	Antrop06	4	2	2		

**Course description (Syllabus):**

The main issues approached in this course include, but are not limited to:The understanding of anthropology as a science specialized in the holistic study of humanity. Presenting the main fields of study in anthropology, emphasizing the purpose, objectives and specificity of applied anthropology. Discussing the main perspectives of cultural anthropology, emphasizing its applied perspective. Presenting the nature of an applied anthropologist's activity. The definition, analysis and interpretation of culture as a subject of study. The identification and analysis of socio-cultural change processes. Presenting the cultural patterns and the various attitudes towards it. The study of the development of anthropological theories, emphasizing their relevance for applied anthropology. The presentation of fieldwork methods in cultural anthropology. Emphasizing the relevance of the applied anthropology in the contemporary society. Debating the new directions of interest in applied anthropology.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Social work of elderly people	Avâr05	5	2	2		

**Course description (Syllabus):**

The aim of these courses is a description of inter- and pluridisciplinary aspects of the third age. The problems of elderly people are described from next perspectives: historical – aging in time, demographical – demographic aging, psychological, medical – the diseases of elderly people, psychological – changes in psyche, sociological – paradigms and social theories, the retirement, social services from elderly people, ethical – rights and obligations of elderly people, specific laws. The principal themes of these courses are: definitions of ageing concepts: old man, elderly, “old-old people”, “young-old people”, gerontology, social gerontology; the ageing during the time; the consequences of the ageing process; the dependence/autonomy of elderly people; the theoretical explanations of ageing: functionalism, social-economic perspectives, modern theories, interactional theories; the ageing in actual society, the relation between elderly people and their family, identity of elderly people, social services who are offered to elderly people, social work with elderly people.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Social work with homeless	Aadap05	5	2	2		

**Course description (Syllabus):**

The course presents the phenomenon of homeless people from a pluridisciplinary approach: medical, psychological and social. Students can learn about the explanatory theoretical approaches and about the most important causal factors of the homeless phenomenon. This course offers to the students the opportunity to know the homeless problems and the specific features of social work with this category of people. The course also presents social services for homeless people and the private or public institutions that offer them.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Deviant behavior and social work	Cdev06	4	2	2		

**Course description (Syllabus):**

This course presents the main sociological theories of deviant behavior such as strain theory, differential association theory, labeling theory, and phenomenological theory. The behaviors that are primarily examined are prostitution, homosexuality, juvenile delinquency and violence behavior.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Policies of Social Security	Polit06	4	2	2	-	-

**Course description (Syllabus):**

Definitions and fields of interest; The concept of social security; Educational policies; Employment policies; Antipoverty policies; Health policies; Policies for family and child protection; Policies for elderly people; Policies for disabled people.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Employment policy	Fmunc06	4	2	2		

**Course description (Syllabus):**

The course provides an overview on European and national employment strategies and policies; European strategy on employment; National employment strategy. Action plan on employment; Equal opportunities in the labour market; Population and workforce. Analysis of employment indicators; Unemployment. Statistical analysis of unemployment; Social economy and entrepreneurship; Active aging policies; European funding schemes to stimulate employment for vulnerable groups.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Introduction to Probation	Prob06	4	2	2	-	-

**Course description (Syllabus):**

The general objective of this course is that students understand the role of probation in the social reintegration of people punished by the criminal law. The main topics presented in the course are: Probation (definition and concepts delimitation), Development stages of probation in Romania, The mission of Probation Services in courts, Supervision of convicted persons in community and Specialized support of convicted persons through intervention programs.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Gender Studies	Stgen06	4	2	2	-	-

**Course description (Syllabus):**

Feminism and its chronology; Sex- gender incongruence; The stereotype - as a cognitive organization; Gender stereotypes - Gender roles, From roles to status; The gender status, Aggressiveness, The beauty myth, Sexuality; The consequences of the gender stereotypes; The socialization of the gender - The family, The church, The school, The mass- media; The circularity of gender socialization; The analysis of women experiences and social perceptions of them; Domestic violence, sexual harassment, rape, prostitution, pornography, human being traffic.